



Hardelot Challenge



Hardelot Challenge promotes decision making, communication and teamwork using a variety of activities, including problem-solving, challenge course, traversing the bouldering wall and playing passeport au monde, which tests pupils' general knowledge and French language skills.





Problem Solving

About the activity

Problem solving sessions test your pupils' initiative and ingenuity. Children work in small teams to solve puzzles and complete set tasks - it's a great way for your pupils to get to know each other really well. By the time they finish they'll have an appreciation and understanding each individual's ability (including their own!) when it comes to planning, communicating and making decisions – skills which are all key to achieving the objectives of each task.

Activity aims

The aim of this activity is to:

- Ensure participants work together supporting and encouraging each other.
- Increase confidence, self-awareness and general social skills.
- Develop communication, problem solving, leadership and teamwork skills.
- Provide an opportunity for participants to discuss what they have accomplished.

Progression opportunities

Some participants may also:

- Be able to devise and put into practice a range of solutions to a problem.
- Take a leading role when working with others.
- Identify and respond to weaknesses in their group by planning improvements.
- Take the initiative in evaluating their performance and that of the group.

In addition, participants should also have developed in the following:

- Interpersonal communication
- Teamwork
- Decision making skills

Learning outcomes

Upon completion of the activity, participants will have:

- Demonstrated the ability to listen to, understand and act on instructions received.
- Developed the skills to work in small groups communicating effectively.
- Collaborated with others in a group to solve a problem or make a decision choosing strategies appropriate to the task.
- Effectively worked in small teams supporting their peers throughout the activity and recognised their achievements.
- Contributed to performance review led by the instructor identifying what they did well and then suggested ways to improve.

Associated vocabulary

Words relevant to safety	e.g. boundaries, rules, risk assessment, safety area.
Words relevant to equipment	e.g. obstacles, puzzles, riddle.
Words relevant to the activity	e.g. co-ordination, planning, imagination, problem solving, solution.
Words relevant to teamwork	e.g. achievement, communication, encouragement, listening, participation, review, support.



Challenge Course



About the activity

The PGL Challenge Course is legendary - it's a well-loved and popular activity with plenty of opportunities for everyone to get involved; it can even get quite competitive sometimes! As your pupils negotiate the various obstacles that lie ahead, it's an experience that will promote teamwork, lateral thinking, problem solving and decision-making - as well as being physically challenging too.

Activity aims

The aim of this activity is to:

- Ensure participants work together supporting and encouraging each other emotionally & physically.
- Increase confidence, self-awareness and general social skills.
- Develop communication, problem solving, leadership and teamwork skills.
- Provide an opportunity for participants to discuss what they have accomplished.

Progression opportunities

Some participants may also:

- Be able to devise and put into practice a range of solutions to a problem.
- Take a leading role when working with others.
- Identify and respond to weaknesses in their group by planning improvements.
- Take the initiative in evaluating their performance and that of the group.

In addition, participants should also have developed in the following:

- Interpersonal communication
- Critical thinking
- Teamwork
- Decision-making skills

Learning outcomes

Upon completion of the activity, participants will have:

- Demonstrated the ability to listen to, understand and act on instructions received.
- Developed the skills to work in small groups communicating effectively.
- Worked together to overcome a number of challenges. This will have involved physical and mental challenges.
- Achieving tasks set to encourage listening, confidence and social skills.
- Contributed to performance review led by the instructor identifying what they did well and then suggested ways to improve.

Associated vocabulary

Words relevant to safety

e.g. boundaries, rules, risk assessment, safety area, judgement.

Words relevant to equipment

e.g. obstacles, challenge element, rope, wall, plank of wood.

Words relevant to the activity

e.g. co-ordination, planning, imagination, problem solving, solution challenge, time management, tactics.

Words relevant to teamwork

e.g. achievement, communication, encouragement, listening, participation, review, support, responsibility.



Bouldering



About the activity

The bouldering wall is great for building confidence, strength and climbing technique; it's perfect for trying out new moves, secure in the knowledge that it's not far to fall! The main difference with a bouldering wall is that your pupils go along it - not up it - so they remain close to the ground at all times and therefore don't need a rope or harness. It's lots of fun for all!

Activity aims

The aim of this activity is to:

- Encourage participants to communicate and work as a team.
- Ensure participants work together supporting and encouraging each other.
- Consolidate and improve the quality, range and consistency of the techniques used for bouldering.
- Provide an opportunity for participants to discuss what they have accomplished.

Progression opportunities

Some participants may also:

- Identify hazards, assess risks and how these can be controlled and relate these to other activities.
- Recognise, identify and respond to positive and negative peer influence

In addition, participants should also have developed in the following:

- Interpersonal Communication
- Teamwork
- Increasing self-esteem
- Skill

Learning outcomes

Upon completion of the activity, participants will have:

- Worked as a team and supported each other throughout the activity.
- Built up new levels of trust with each participant.
- Increased their knowledge of techniques and personal skill level.

Associated vocabulary

Words relevant to safety

e.g. boundaries, hazard, personal protective equipment, risk assessment.

Words relevant to the activity

e.g. balance, body position, climb, grip, hold, muscle, spotting, technique, traverse, walk, wall.

Words relevant to teamwork

e.g. achievement, communication, co-operation, encouragement, group, individual, listening, participation, review, support, trust.

Words relevant to communication

e.g. decision making, discussion, encouragement, instruction, listening, opinion, praise, support, understanding.



Passeport au Monde



About the activity

Guests are split into teams and given a list of national flags with a map. Each country on the map represents a plaque to find around centre. Each plaque features the country's flag and has questions relating to the country, which must be answered correctly before moving on to find the next flag and eventually returning to base.

Activity aims

The aim of this activity is to:

- Ensure participants work together supporting and encouraging each other.
- Increase confidence, self-awareness and general social skills.
- Develop communication, problem solving, leadership and teamwork skills.
- Provide an opportunity for participants to discuss what they have accomplished.

Progression opportunities

Some participants may also:

- Take a leading role when working with others.
- Identify and respond to weaknesses in their group by planning improvements.
- Take the initiative in evaluating their performance and that of the group.
- Teams answer one question at a time and return to base.
- Teams answer all questions and return to base.
- One French question per country, PGL staff could give additional bonus French questions.

In addition, participants should also have developed in the following:

- Interpersonal communication.
- Teamwork.
- Decision making skills.
- Knowledge of each country.
- French language – 1 of 3 questions are in French.

Learning outcomes

Upon completion of the activity, participants will have:

- Centre orientation
- Teamwork
- Confidence building
- Group decision making
- Problem solving
- Fun
- Geographical knowledge

Associated vocabulary

Words relevant to safety

e.g. boundaries, hazard, teamwork.

Words relevant to equipment

e.g. puzzles, riddle, map reading, French, active, energetic, creative, problem solving.

Words relevant to the activity

e.g. achievement, communication, co-operation, encouragement, group, listening, participation, planning, problem solving, review.

Words relevant to teamwork

e.g. achievement, communication, encouragement, listening, participation, planning, problem solving, review.